

HOW TO

Apply & Remove PPE



APPLYING PPE

REMOVING PPE

- 1 GOWN**
Fully cover torso from neck to knees, arms to end or wrists, and wrap around the back.
- 2 SHOE COVERS**
Apply sanitary shoe covers while seated. For hands-free application, a shoe cover dispenser should be used.
- 3 MASK**
Secure ties or elastic straps at the middle of the head and neck. Fit snugly to the face from nose to chin.
- 4 GLASSES / FACE SHIELD**
Wear to protect face and eyes. Adjust for secure fit.
- 5 GLOVES**
Should extend to cover the wrist to the isolation gown.

- 1 GLOVES**
Grasp outside of glove with opposite hand and remove. While holding removed glove, slide fingers under remaining glove and remove.
- 2 GLASSES / FACE SHIELD**
Handle by head strap or ear pieces. DO NOT touch the outside of glasses or shield.
- 3 GOWN**
Unfasten ties and pull away from neck and shoulders touching only the inside of the gown. Turn inside-out and roll into a bundle.
- 4 SHOE COVERS**
Shoe covers are contaminated. Use a hands-free shoe cover removal device.
- 5 MASK**
DO NOT touch front of mask. Grasp from the bottom and top ties to remove.